



Vastu, Without the Fear-Selling

The 20-minute compass-and-checklist guide to reading any home — before an "expert" scares you into buying a ₹50,000 pyramid you don't need.

WHAT'S INSIDE

Everything that matters, in pointers

This mini gives you the honest map of Vastu Shastra in 20 minutes: the compass, the elements, the entrance rules, and the no-demolition fixes. Read it once and you'll be able to walk any home with a phone compass and read it the way a consultant does.

01	Vastu 101 — origins & the Purusha	p.3
02	The compass — 9 zones, 1 page	p.5
03	The five elements	p.6
04	The main entrance — 32 gates	p.7
05	Kitchen, bedroom & bathroom	p.9
06	Flats, renting & studios	p.11
07	Defects & remedies — no demolition	p.12
08	Myths, FAQs & the master checklist	p.14

THE ONE IDEA TO HOLD THE WHOLE WAY

Vastu is one part climate-smart architecture, one part sacred geometry, one part folk belief. This book tells you which is which — never sold through fear, never demanding demolition.

Vastu 101 — a 1,500-year operating manual

- **The name:** vastu = dwelling, shastra = science. Vastu Shastra: "the science of dwelling" — one of the oldest design manuals still in daily use.
- **The earliest datable text:** the Brihat Samhita (~6th c. CE) by Varahamihira — Chapter 53 gives the Vastu Purusha legend, site testing, room proportions and door placement.
- **The founding story:** a formless cosmic being was pinned face-down — head Northeast, feet Southwest — and deities sat on the body parts they held. Brahma sits at the navel: the centre.
- **The working tool:** a 9×9 grid of 81 padas held by 45 deities — the Vastu Purusha Mandala — laid over any floor plan, home or flat.
- **The one picture worth memorizing:** head (NE) — sacred, light, open. Belly (centre) — unburdened. Feet (SW) — heavy, weight-bearing. This drives ~70% of placement rules.

HONEST FRAMING

Vastu is not one book — many authors, regions and centuries. That's why two consultants can contradict each other while both quote real texts. This book gives the mainstream rule and flags where schools differ.

Three layers — and which is which

- **Layer 1 — climate-smart architecture:** gentle morning sun from E/NE → keep it low and open. Harsh afternoon heat from S/SW → build heavy there. Monsoon wind SW→NE → SE kitchen smoke blows away, NW toilets sit downwind.
- **Layer 2 — sacred geometry & symbolism:** the mandala and deities are a memory palace that kept the rules teachable for fifteen centuries.
- **Layer 3 — folk belief:** odd stair counts, cow-faced plots, colored tapes — custom with no design mechanism. Cultural heritage, labeled clearly.

WATCH OUT

No home is doomed — experts themselves say millions thrive in "imperfect" homes. Treat Vastu as optimization, never fate, and walk away from anyone selling it through fear.

The compass — nine zones, one page

- **N — Kubera, wealth:** living room, office, safe or locker opening N. Keep clutter and toilets out.
- **NE — Ishana, the most sacred square:** pooja room, meditation, water tank. Keep it the lowest, lightest, most open corner. A toilet here is the single worst dosha in the system.
- **E — Indra, beginnings:** entrance, bathing area, study, generous windows. Morning light here sets your circadian clock.
- **SE — Agni, fire:** kitchen, electrical panel, inverter. Never mix with water — the one clash Vastu never forgives.
- **S / SW — the heavy half:** SW is the anchor: master bedroom, tallest and heaviest construction. S suits secondary bedrooms and storage.
- **W / NW — gains & movement:** W: dining, children's room. NW: guests, toilets, garage — everything meant to move on.

FIND YOUR FACING IN 5 MINUTES

Stand at your home's centre (draw the smallest rectangle around your plan; diagonals cross at the centre), face out through the main door, hold a phone compass flat, and read the bearing. That single reading unlocks every rule in this book.

The five elements — Pancha Bhoota

Every activity has an element, and it belongs in the zone that shares it. This one sentence is the whole of Vastu placement logic.

ELEMENT	ZONE	IN THE HOME
Water (Jal)	NE	Prayer, water storage
Fire (Agni)	SE	Kitchen, electricals
Earth (Prithvi)	SW	Master bedroom, storage
Air (Vayu)	NW	Guests, ventilation
Space (Akasha)	Centre	Open, unbuilt

- Dosha:** an element mismatch — fire in the water zone, a hollow in the earth corner. Every Vastu "problem" is one of these.
- The severe clashes:** kitchen or toilet in NE (fire/waste at the "head") and a borewell in SW (a hollow under the heaviest corner) top the list.

HONEST FRAMING

The traditional "effects" (quarrels, money trouble) are belief, not measured outcomes. But some overlaps are real: a hollow under the heaviest corner, waste beside stored water. Take the diagnosis seriously; hold the prognosis lightly.

The main entrance — the 32-gate system

- **32 padas, not 8 directions:** the plot's perimeter splits into 32 padas — 8 per side, 11.25° each. Your door's pada decides its character, not the compass direction alone.
- **Best gates:** N3–N5, E3–E4, S3–S4, W3–W5 — every side of the house has good options, including south.
- **The south-facing myth, busted:** no classical text condemns an entire direction. South's S3/S4 padas (Vitatha, Gruhakshat) are linked to prosperity and fame.
- **The one real "no":** the southwest entrance — the Pitra, Mriga and Gandharva gates — is what tradition consistently rejects.
- **Do:** door opens inward & clockwise, biggest door in the house, raised threshold, well-lit nameplate.

THE PRACTICAL READ

In the northern hemisphere a south façade catches the most winter sun — genuinely the warmest, brightest cold-season rooms. Manage summer heat with a porch or overhang and it becomes a design asset, not a curse.

CHAPTER 04 · CONTINUED

Dwar vedh — when something points at your door

- **Veedhi shoola:** the "street spear" — a road, pole, tree or lift lined up with your door. Welcomed from N/NE/E, avoided from S, SW, SE, NW per tradition.
- **The honest bit:** from any direction, a T-junction plot genuinely means headlights, dust and noise. The fortunes are belief; the nuisance is physics.
- **Accepted remedies:** boundary wall or dense hedge (blocks headlights/dust/noise) · sacred symbols on the door · a bright light above the door — the most practical fix of all.

NAMEPLATE RULE

Wood for east- and south-facing homes, metal for north- and west-facing. Solid, unbroken, well-lit, at eye level. Tradition: energy "recognizes" the resident. Practically: guests and couriers find you.

Kitchen, bedroom & bathroom

- **Kitchen — Agni's corner:** SE is the classical home (NW second choice). Stove in the SE corner, cook facing East, sink to the NE — fire and water kept 2–3 ft apart.
- **Master bedroom — the stability corner:** SW, bed in the SW of the room, headboard on the S or W wall, heavy wardrobes on S/W walls, earthy colors.
- **Sleep direction, honestly checked:** tradition is unanimous — head to South (East also fine), never North. Science finds no conclusive evidence either way; Earth's magnetic field is far too weak to affect circulation.
- **Bathrooms — the honest history:** classical homes had no indoor toilets at all — every attached bathroom is a modern retrofit. Best zones: NW, W or S. Never the NE — the single worst dosha in all of Vastu.

THE MIRROR RULE, IN BOTH LANGUAGES

Tradition says a mirror facing the bed "invites a third person into the marriage." Science agrees on the outcome, not the mechanism: reflective surfaces and screens genuinely disrupt sleep. Can't move it? Cover it at night.

CHAPTER 05 · CONTINUED

All three rooms, one glance

ROOM	BEST ZONE	NEVER
Kitchen	SE (NW second)	NE · N · centre
Master bedroom	SW	NE
Children's room	W (NW, E fine)	SW
Guest room	NW	SW
Bathroom & toilet	NW, W, S	NE · centre

- Guests never get the SW:** the ownership corner. Tradition warns guests lodged there begin to dominate the household — or never leave.
- Why toilets sat NW/W historically:** downwind of the SW→NE monsoon wind, and far from drinking water stored in the cool NE — a hygiene diagram drawn before germ theory.

Flats, renting & studios — the modern reframe

- **The core reframe:** in a flat you control placement, weight, colour, light and use — not structure. Vastu-of-arrangement replaces vastu-of-construction.
- **Your unit is the mandala:** practitioners lay the compass over your flat alone — the building's overall Vastu matters far less than your own four walls.
- **Renter rule of thumb:** staying under ~6 months? Don't stress about doshas at all. Longer? Fix by arrangement, never renovation.
- **Studio zoning:** sleep SW (head S/E), desk toward N with back to a solid wall, cook facing E, keep the NE corner the lightest, emptiest spot.
- **High-rise checklist:** entrance pada, kitchen in SE/NW, toilets out of NE and centre, a SW-ish room for the master, N/E balconies.

PRO INSIGHT

Everything in the room chapters — sleep head S/E, cook facing E, desk facing N/E, valuables in SW — applies in a flat verbatim. "Vastu works on occupants, not owners."

Defects & remedies — no demolition needed

- **Ten cheap tools:** sea salt (₹20–50), mirrors, plants (Tulsi, money plant), crystals, wind chimes, pyramids, yantras, light, camphor, copper strips — match the material to the zone's element.
- **NE toilet — the worst dosha:** full remedy stack — lid down + door closed → salt bowl changed weekly → yellow LED lit daily → mirror on the outer door → copper pyramid outside.
- **Every stack starts free:** close the door, shift the stove, move the furniture, clean the corner — before any purchase.
- **Paint is the highest-impact remedy per rupee:** N green/blue, SE orange/pink, SW yellow/brown/ochre, NE white/light-yellow. Darkest tones lowest, ceiling lightest.

WATCH OUT

Anyone who tells you that you must demolish a wall or buy a ₹50,000 pyramid is selling fear, not Vastu. If a fix costs more than dinner, someone should be able to tell you exactly why.

Your 5-step remedy plan

1

Audit — walk through with your compass, list mismatches

2

Rank — NE toilet > cut corner
> wrong kitchen > entrance

3

Cheapest fix first — always ordered that way in this book

- **Step 4 — live with it 30 days:** give each round of changes a month before judging results.
- **Step 5 — escalate only if you want to:** yantras, pyramid grids and consultants are the optional top of the ladder, never a requirement for a "safe" home.

REARRANGEMENT BEATS ACCESSORIES

The two strongest fixes on the beam-and-mirror table cost nothing: move the bed, cover the mirror. Buy hardware only for what furniture can't solve.

Myths, FAQs & the master checklist

- **Myth: "all south-facing homes are bad."** Fact: no direction is condemned — a door in Vitatha or Gruhakshat is auspicious, linked to prosperity and fame.
- **Myth: "fixing Vastu means demolition."** Fact: correction by arrangement — placement, weight, colour, light — is accepted modern practice.
- **Myth: "a non-compliant home dooms you."** Fact: debunked by experts themselves. Millions thrive in imperfect homes.
- **Myth: "it doesn't apply to flats or rentals."** Fact: Vastu works on occupants, not owners — your unit's boundary becomes the mandala.
- **The master checklist:** entrance, kitchen, bedroom, pooja, toilets, centre, colors, modern items — score 22–26 is well-tuned, under 15 means start with the entrance and the bed.

THE WHOLE BOOK, IN ONE LINE

"A house is built with walls and beams; a home is built with light and intention." — Your home is not a test you can fail. It's an instrument you can tune.

YOU'VE GOT THE MAP. NOW GET THE TERRAIN.

This was the 20-minute version.
The full guide is the whole journey.

You now know more about your home's compass than most people who fall for fear-selling. The complete **Vastu Shastra Visual Home Guide** takes every chapter above and gives you the diagrams, the full 32-gate map, and the room-by-room remedy tables.

- **The full 10 chapters** — every zone, every room, illustrated and expanded.
- **The complete 9-zone floor-plan overlay** so you can map your own home, room by room.
- **50+ defect→remedy tables** — NE toilets, cut corners, beams, mirrors, staircase — all with cheapest-first fixes.
- **The full color guide** by direction and by room.
- **40 FAQs answered straight** plus the printable Master Checklist for your whole home.

UPGRADE TO THE FULL EDITION

~~₹199~~ **₹99**

Complete illustrated guide · instant download

SCAN / TAP
to upgrade

GO FURTHER, PAY LESS

Two ways to keep going

THE VEDIC & SPIRITUAL BUNDLE

Vastu + Astrology + Numerology + Rituals

Everything you need to understand and apply Vedic wisdom at home, in one download.

~~₹396~~ **₹199**

THE COMPLETE LIBRARY

All 30 Skill Series books

Spirituality, money, career, health, tech — the entire collection, one price.

₹499

GET EVERY NEW BOOK FREE

Follow [@weknowwhatyourelookingfor](#) and join our WhatsApp list — buyers get first access and reader-only pricing on everything we publish next.

weknowwhatyourelookingfor.com

COPYRIGHT & LICENSE

© 2026 **weknowwhatyourelookingfor.com** — All rights reserved.

This copy is licensed for **personal use only**. Reproduction, resale, sharing, or redistribution of this book in whole or in part, by any means, is prohibited without written permission.

NOTICE

This guide is provided for **informational, cultural, and educational interest**. It makes no promise or guarantee of any specific outcome and is not a substitute for professional advice.

Published by weknowwhatyourelookingfor.com · For queries, corrections, or licensing, visit weknowwhatyourelookingfor.com.