



Your Kundli, Finally Explained

Grahas, signs, houses, nakshatras & dashas — the honest 20-minute map to what your relatives, matchmaker and astrologer actually mean. No blind faith. No blind dismissal.

WHAT'S INSIDE

Everything that matters, in pointers

This mini gives you the honest map of Jyotish in 20 minutes: the nine grahas, the signs and houses, how a chart is actually read, the dasha timing system, and the truth about what science says. Read it once and you'll understand more than most people who fear their own chart.

01	What Jyotish is & the sidereal zodiac	p.3
02	The nine grahas, decoded	p.5
03	Signs, houses & nakshatras	p.7
04	Reading a chart — Lagna, Moon, yogas	p.9
05	Manglik, Kaal Sarp & Sade Sati — honestly	p.11
06	Dashas — the 120-year timing clock	p.12
07	Marriage matching & remedies	p.13
08	The honest page — what science says	p.14

THE ONE IDEA TO HOLD THE WHOLE WAY

The tradition can be genuinely rich **and** have no demonstrated predictive power in controlled tests. Both are true at once. Read it as heritage and a mirror — never as a forecast.

What Jyotish is & the sidereal zodiac

- **Jyotish, "the science of light":** the astrological tradition of India, one of the six Vedangas — supporting disciplines that grew up to serve Vedic ritual. It began as timekeeping for sacrifices.
- **Three classical branches:** Siddhanta (mathematical astronomy), Samhita (mundane/collective astrology), and Hora — the personal horoscope this book covers.
- **Foundational text:** the Brihat Parashara Hora Shastra, attributed to sage Parashara — plus Varahamihira's Brihat Jataka and others.
- **Sidereal vs tropical:** Western astrology uses the tropical zodiac (tied to the seasons); Vedic astrology uses the sidereal zodiac (tied to the fixed stars).
- **The ayanamsa:** the $\sim 24^\circ$ offset between the two, due to Earth's slow axial wobble. India's official standard is the Lahiri (Chitrapaksha) ayanamsa.
- **Why your sign shifts:** subtract the ayanamsa from a Western position and you usually land one sign earlier — a late Western "Leo" is often a Vedic Cancer.

REALITY CHECK

Neither zodiac is "more correct" — they measure different things, seasons vs stars. It's a genuine unresolved split, not an error.

CHAPTER 01 · CONTINUED

What a kundli needs — and why the minute matters

~2 hrs

How long the Lagna spends in each sign

~4 min

Time for the Lagna to move one degree

9·12·27

Grahas, signs & nakshatras a kundli maps

A kundli needs date, place and — most critically — exact birth time. The Ascendant (Lagna) moves through all twelve signs in ~24 hours, so a 10–15 minute error can shift your Lagna, your houses, and your entire dasha timeline.

- **North vs South Indian charts:** same data, drawn two different ways — astrologically identical, just different visual conventions by region.
- **Free tools:** AstroSage, Prokerala, Drik Panchang and Jagannatha Hora draw a full kundli in seconds — you never calculate by hand.

WATCH OUT

Many "free kundli" sites are lead-funnels ending in a scary "dosha detected!" pop-up steering you to a paid remedy. Take the chart; ignore the upsell.

The nine grahas, decoded

Graha means "seizer" — a force that grasps and influences. Classical Jyotish counts nine: seven classical planets plus the two lunar nodes.

- **Sun (Surya):** soul, father, ego, authority — mild malefic, exalted in Aries.
- **Moon (Chandra):** mind, emotions, mother — benefic when waxing, exalted in Taurus.
- **Jupiter (Guru) & Venus (Shukra):** the two great benefics — wisdom/dharma and love/beauty respectively.
- **Saturn (Shani):** discipline, delay, karma — the great malefic, though it turns powerful benefic ("yogakaraka") for some rising signs.
- **Rahu & Ketu:** the shadow planets — mathematical nodes, not physical bodies. Rahu = obsession & the foreign; Ketu = detachment & moksha.

THE ELEGANT SYMMETRY

Every graha's debilitation sign sits exactly 180° opposite its exaltation sign.

Sun: exalted Aries, debilitated Libra. Jupiter: exalted Cancer, debilitated Capricorn. This dignity-by-sign is one of the first things an astrologer checks.

Benefic, malefic — and it depends on you

- **Natures aren't fixed verdicts:** "benefic" and "malefic" are starting labels. A planet's real effect is functional — it depends on which houses it rules for your specific rising sign.
- **Yogakaraka:** a planet ruling both a trikona and kendra for your Lagna becomes a powerful benefic — Saturn plays this role for Taurus and Libra risings.
- **The friendly Moon:** tradition gives the Moon almost no enemies — it takes on the colour of its company.
- **The Sun–Saturn axis:** father (Sun) and the god of labour and limits (Saturn) are natural enemies — a tension echoed across many charts.

PRO INSIGHT

So "is Saturn good or bad for me?" has no universal answer. Always ask "from which Lagna?" before "good or bad?"

Signs, houses & nakshatras

- **12 rashis (signs):** each carries an element, a modality (movable/fixed/dual) and a ruling planet — Mesha (Aries) through Meena (Pisces).
- **12 bhavas (houses):** life's arenas, counted from your Lagna — the 1st is self, 7th is marriage, 10th is career, and so on.
- **Kendra, trikona, dusthana, upachaya:** houses 1/4/7/10 are angles of strength; 1/5/9 are the most auspicious trines; 6/8/12 are the difficult trio; 3/6/10/11 improve with effort.
- **27 nakshatras:** lunar mansions of $13^{\circ}20'$ each, older than the 12 signs in Vedic literature — one for roughly each day of the Moon's orbit.
- **Your janma nakshatra:** your Moon's nakshatra at birth — arguably the most-used point in Indian practice, setting your dasha start and much of marriage matching.

DEFINITION · PADA & 108

Each nakshatra splits into 4 padas of $3^{\circ}20'$, so $27 \times 4 = 108$ — the sacred number.

CHAPTER 03 · CONTINUED

The houses that matter most

GROUP	HOUSES	MEANING
Kendras	1,4,7,10	Pillars of strength
Trikonas	1,5,9	Dharma & fortune
Dusthanas	6,8,12	Suffering & loss
Upachaya	3,6,10,11	Grow with effort

- **Maraka houses:** the 2nd and 7th are called "killer" houses, linked in tradition to health-ending periods.
- **Most auspicious of all:** the 1st (both kendra and trikona) and the 9th (best trikona).

TIP

Don't memorise all 27 nakshatras — learn your own janma nakshatra and its ruler first. That single mansion comes up every time your chart is read.

Reading a chart — Lagna, Moon, yogas

- **The order that matters:** Lagna first, always → Lagna lord's house → the Moon (mind) → the Sun (soul) → benefics/malefics by your Lagna → aspects, conjunctions & yogas.
- **Ask an Indian their "sign":** they'll name their rashi — their Moon sign, not Sun sign. Most of Jyotish's predictive machinery is counted from the Moon.
- **Drishti (aspects):** every planet aspects the 7th house from itself; Mars, Jupiter and Saturn have extra special aspects (4th/8th, 5th/9th, 3rd/10th).
- **Raj Yoga:** formed when a kendra lord and trikona lord connect — said to lift a person toward authority and success. Almost everyone has some form.
- **Gaja Kesari Yoga:** Jupiter in a kendra from the Moon — grants intelligence and reputation, tradition says. Common, and routinely overstated in automated reports.

REALITY CHECK

A free kundli app hands you all of this at once. Resist scrolling to the "predictions" — walk the steps yourself and you'll spot when it exaggerates.

CHAPTER 04 · CONTINUED

Well placed vs under pressure

	WELL PLACED ✓	UNDER PRESSURE ✕
House	Kendra (1,4,7,10) / trikona (1,5,9)	Dusthana (6,8,12)
Dignity	Own sign or exalted	Debilitated
Reading	Resilient, self-directed life	More effort to establish oneself

- Not a verdict: "under pressure" reads as tradition holds that — plenty of accomplished people have a Lagna lord in the 6th, 8th or 12th.
- A chart is a paragraph: placements qualify each other; never let one placement or dosha stand alone.

Manglik, Kaal Sarp & Sade Sati — honestly

6 of 12

Houses that make you
"Manglik"

~40–50%

Of people are Manglik by raw
definition

7.5 yrs

Sade Sati's Saturn passage
length

- **Manglik is common, not rare:** a "condition" affecting roughly half of humanity cannot be a marital curse. The tradition itself supplies cancellation rules.
- **Kaal Sarp is a modern addition:** not found in Brihat Parashara Hora Shastra or Varahamihira — a medieval-to-modern, heavily monetised invention.
- **Sade Sati is maturation, not doom:** Saturn's ~7.5-year transit across the 12th, 1st and 2nd from your Moon. Many people do their finest work during it.

THE HONEST BOTTOM LINE

Read Manglik as "handle Mars-in-the-marriage-houses thoughtfully," not "doomed." Any costly, fear-driven remedy is a red flag, not a fix.

Dashas — the 120-year timing clock

A chart shows the seeds; the dasha decides when they sprout. Vimshottari divides life into nine planetary periods that always run in a fixed order, summing to exactly 120 years.

MAHADASHA	LENGTH	RUNNING TOTAL
Ketu	7 yrs	7
Venus	20 yrs	27
Sun	6 yrs	33
Moon	10 yrs	43
Rahu	18 yrs	68
Jupiter	16 yrs	84
Saturn	19 yrs	103
Mercury	17 yrs	120

- Your Moon's nakshatra sets the start:** whichever nakshatra your Moon occupied at birth decides which mahadasha you're born into — entered partway through.
- Two clocks together:** "Dasha shows the theme; transit shows the trigger" — Saturn (~2.5 yr/sign) and Jupiter (~1 yr/sign) are the big transits everyone tracks.

Marriage matching & remedies

- **Guna Milan (Ashtakoota):** scores a couple out of 36 points across 8 kootas, computed mainly from each partner's Moon nakshatra and sign. 18+ is the traditional "acceptable" threshold.
- **What the score ignores:** it's computed almost entirely from the Moon — ignoring the Lagna, 7th house, Venus/Mars placements, dashas and the two actual human beings.
- **Muhurta:** electional astrology — picking a favourable start-time for weddings and launches, judged from the panchang's five limbs.
- **Remedies (upaya):** gemstones, mantras, daan (charity) and fasting — faith practices with no demonstrated causal mechanism, but often harmless or genuinely good.

THE ONE RULE THAT SPOTS A SCAM

Free and cheap remedies (charity, chanting, fasting) are harmless. Any remedy that costs a lot and is sold with fear is a red flag, not a fix. No one can "guarantee" a marriage or job for a fee.

The honest page — what science says



- No demonstrated predictive power:** Carlson's double-blind 1985 Nature test was designed with astrologers, agreed as fair by them — and 28 practitioners scored no better than chance.
- The contested re-analysis:** a small statistical effect claimed decades later is a footnote against a broader body of research finding no reliable effect — including "time-twin" studies.
- So why keep the book?** Jyotish is a 3,000-year-old symbolic language for character, timing and meaning. Read your kundli as heritage and a mirror — never a forecast.

THE LINE YOU NEVER CROSS

Never outsource a medical, marital, financial or legal decision to a chart. Any astrologer selling fear, then a costly cure, is exactly the predatory pattern to avoid.

YOU'VE GOT THE MAP. NOW GET THE TERRAIN.

This was the 20-minute version.
The full guide is the whole journey.

You now understand more of your own kundli than most people who fear it. The complete **Vedic Astrology Simplified** takes every chapter above and gives you the full tables, the worked example, and the complete glossary.

- **The full 8 chapters** — every graha, sign, house and nakshatra, in full reference tables.
- **All 27 nakshatras** with rulers, symbols and one-line natures.
- **A full worked example** — read a real kundli start to finish, step by step.
- **The complete honest cancellations** for Manglik, Kaal Sarp and Sade Sati.
- **40-term glossary & FAQ** — every question your family will ever ask you, answered.

UPGRADE TO THE FULL EDITION

~~₹199~~ **₹99**

Complete illustrated guide · instant download

SCAN / TAP
to upgrade

GO FURTHER, PAY LESS

Two ways to keep going

THE VEDIC & SPIRITUAL BUNDLE

Astrology + Numerology + Palmistry + Tarot

The full symbolic toolkit your culture speaks in, in one download.

~~₹396~~ **₹199**

THE COMPLETE LIBRARY

All 30 Skill Series books

Spirituality, money, career, health, tech — the entire collection, one price.

₹499

GET EVERY NEW BOOK FREE

Follow [@weknowwhatyourelookingfor](#) and join our WhatsApp list — buyers get first access and reader-only pricing on everything we publish next.

weknowwhatyourelookingfor.com

COPYRIGHT & LICENSE

© 2026 weknowwhatyourelookingfor.com — All rights reserved.

This copy is licensed for **personal use only**. Reproduction, resale, sharing, or redistribution of this book in whole or in part, by any means, is prohibited without written permission.

NOTICE

This guide is provided for **informational, cultural, and educational interest**. It makes no promise or guarantee of any specific outcome and is not a substitute for professional advice.

Published by weknowwhatyourelookingfor.com · For queries, corrections, or licensing, visit weknowwhatyourelookingfor.com.